## TMJ Treatment Package

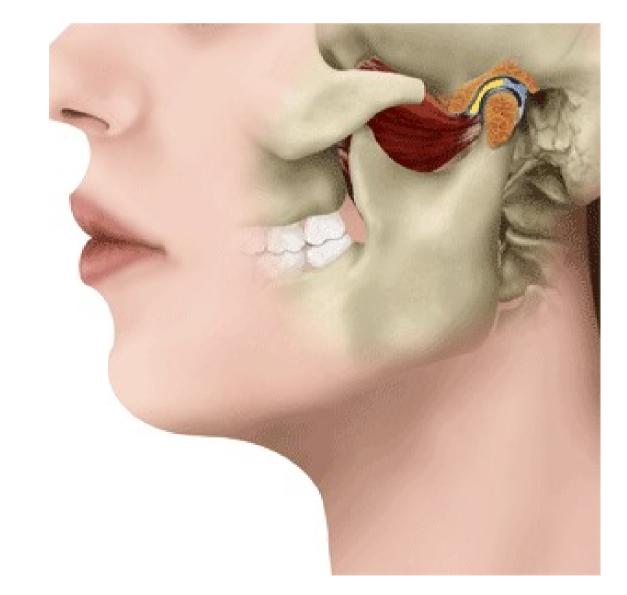


## Initial consultation, what to expect

Our initial consultation is usually 2 hours , to ensure we have covered your full medical history, completed a walking assessment and established the basis of your individual treatment. We ask a lot of questions and take a lot of notes so we can ensure we are giving you the best treatment for your symptoms.

## The Second and subsequent treatments will be 90min long.

We will have established a treatment plan to take us forward and each session we can tweak to ensure you are receiving the best results from the treatment.



## We do have a video course to assist you in between appointments

As a qualified TMJSOS therapist, it is recommended that you still see a theapist regularly in order to adjust the treatment and select which new homework video you can work on in between treatments. I'm there to keep you improving and establishing a solid improvement with your condition.

